

PROGRAM SCHEDULE

WELCOME TO LEARN TO PLAY HOCKEY!

2017 Spring/Summer Session

Session 1: Fridays 6:45-7:45pm

May 19, 26

June 2, 9, 16, 23, 30

July 7, 14, 21

\$175 per Session

(10 Weeks)

Plus 2016-'17 USA Hockey Fees - \$50 - Must register online & submit registration to Ice Land before the beginning of the session - www.usahockey.com*

Online Registration available at ice-land.com.

Early registration discount: Receive 5% if you register online prior to the 1st class!

EQUIPMENT REQUIREMENTS

Ice Hockey equipment is not as expensive as many believe it to be... much of the gear can last a few years before having to purchase new. Each participant must have the following equipment before they take to the ice: Jersey, Hockey Helmet & Mask, Mouth Guard, Elbow Pads, Hockey Gloves, Hockey Pants, Shin Guards, Athletic Supporter, Ice Skates, Hockey Stick. If you need any of the above, please visit our huge Pro Shop where our salespeople will be glad to help you. We offer the best beginning equipment for the **lowest prices** to make ice hockey more affordable. We carry the best names in hockey; **Bauer, Sherwood, Easton and much more!**

While Ice Hockey requires a great deal of skill, the proper instruction and attitude make the game more fun and rewarding.

Our Learn to Play Hockey Program incorporates the most current and innovative ideas available today. It represents the best methods of starting beginning players on the right path to an enjoyable experience in our sport.

The Learn to Play Hockey Program lesson plans have been well tested, and have proven successful in every type of community setting. The established program objectives are:

- * To learn the basic skills required to play the game of hockey.
- * To develop an understanding of basic teamwork through participation in a variety of activities and adapted game situations.
- * To have fun while playing hockey and engaging in physical activity.
- * To create and refine basic motor patterns.
- * To be introduced to the concepts of cooperation, fair play and sportsmanship.

Ice Land's Learn to Play Hockey Program has three levels of instruction designed for beginning hockey players. Each classification represents a different level of skill progression. At the beginning of the program, players are evaluated according to ability and placed in the appropriate program level.

Each level consists of 10 lesson plans that follow a defined path of progression. As players move through the program, they improve both hockey skills and self-confidence.

The program focuses primarily on basic hockey skills: skating, puck-handling, passing and shooting. Each skill is introduced and refined in a progressive-



"one step at a time" manner.

Players participate in practice drills, informal and modified games (similar to shinny or pond hockey). Players are soon proficient enough to have fun while they play.

Although the main emphasis is on fun and progressive skill development, the Learn to Play Hockey Program also allows youngsters to experience:

- * Cooperation
- * Fair play
- * Fitness

In addition to developing players' hockey skills and promoting physical fitness, our Instructors encourage initiative, stimulate interest in the sport, and instill a desire for continued participation.



**Head Instructor:
Chris Barless**

We have additional On - Ice Staff who assist our Head Instructors. This allows a low skater to instructor ratio... more personal attention!

For more information, please contact:

**Chris Barless
(609)-588-6672
cbarless@ice-land.com**

Learn to Play Hockey Registration
Spring/Summer 2017

NAME: _____

ADDRESS: _____

CITY: _____ ST _____

ZIP _____ PHONE: _____

DOB: ___/___/___ AGE: _____

E-Mail: _____

Have you participated in this program before?

If so, WHEN _____

IMPORTANT: See back cover for all important terms of

Session: 1 2
METHOD OF PAYMENT (CIRCLE ONE)

10% family discount for 2 or more siblings that register

5% discount if you register early online prior to 1st class

CHECK CASH VISA/MC AMEX DISC

Ant. Received: _____

CARD# _____

Exp: _____ Security Code: _____

SIGNATURE FOR CREDIT CARD USE _____

IMPORTANT: It is the responsibility of each player to be registered for USA Hockey Insurance - required for program. Visit www.usahockey.com/usa/Member/ind/Registration

In consideration of the Participant being permitted to register and participate in the Learn to Play Hockey program sponsored by Ice Land I do hereby forever release and discharge Ice Land and its directors, employees, agents, and/or any person, corporation, or trust connected herewith from all manner of action, injury, damages, costs, claims, or demands, which I will, shall, or may hereafter have, suffer, or receive by reason of such participation in this program. This release shall be binding on my heirs, assigns, executors, and/or administrators. I further agree that Ice Land shall not be considered to guarantee or warrant such equipment as may be used in the conducting of the program.

Furthermore, Participant assumes all risks of personal injury and property damage caused by the actions of Participant, including, but not limited to, negligent acts or willful omissions of Participant. Participant shall hold Ice Land and its directors, employees, agents, and/or any person, corporation, or trust connected herewith harmless from and shall indemnify Ice Land and its directors, employees, agents, and/or any person, corporation, or trust connected herewith for any and all claims, demands, and actions, based upon or arising out of Participant's actions.

SIGNATURE _____ DATE _____

PRSRST STD
U.S. POSTAGE
PAID
TRENTON, NJ
PERMIT NO. 477

Ice Land
6 Tennis Court
Hamilton, NJ 08619

ONLINE REGISTRATION!



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2017

Learn to Play Hockey!



ICE LAND SKATING CENTER
6 Tennis Court
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609 - 588 - 6672
www.ice-land.com